

# A · B · O · R · M

AMERICAN BOARD OF ORIENTAL REPRODUCTIVE MEDICINE

## CLINICAL PEARLS - NOVEMBER 2016



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The advertisement features the brand name 'conceivable' in a blue and black font, with a blue circle around the 'o'. Below it is the tagline 'Made for the modern practice.' and a purple button with the website 'Shop.Conceivable.com'. To the right, there are four glass bottles of various sizes and colors (brown, blue, and black) representing the products.



High Quality Affordable Fertility Care,  
It's That Simple...

HQA  
HIGH QUALITY AFFORDABLE  
FERTILITY CENTERS

Dr. Paul Magarelli

Free Consult 877 475-BABY (2229)

The advertisement includes the HQA logo, a photo of a smiling baby, and contact information for Dr. Paul Magarelli. The text is set against a light blue background with a white border.

Dear Colleagues,

Working integratively with our western Reproductive Medicine colleagues works best with open lines of communication. Part of that process involves the use of referral and consult notes. Referral notes when we are referring patients to REI's so that they have a thorough history and introduction of the patient we are referring. And consult notes when an REI has referred a patient to us. This let's them know what our diagnosis, prognosis and treatment plan/duration is. This is professionalism and best practices and it will result in more referrals coming your way and a closer working relationship with the REI's you wish to do business with.

Here is an example of a patient consult note I typically send when patients have been referred to me:

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April 27, 2010

**To:**

Michael Vermesh, M.D./Nurit Winkler, M.D.  
The Center for Fertility and Gynecology  
18370 Burbank Blvd., Suite 301  
Tarzana, CA 91356

**From:**

Ray Rubio, D.A.O.M., L.Ac. FABORM  
Westlake Complementary Medicine  
910 Hampshire Road, Suite A  
Westlake Village, CA 91361

**RE:** DOE, Jane

**Dear Dr. Vermesh and Dr. Winkler,**

Thank you for the referral of the above patient for consultation regarding her subfertility. Briefly, Jane is 38 year-old gravida 5, para 3, sab 1, tab 1 female with

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secondary infertility for approximately 6 months.

Jane's gynecologic history is significant for menarche at age 11, with mild oligomenorrhea due to PCOS. Her medical/surgical history is significant for thrombocytopenia, T&A removal, and two c-sections.

Jane is pursuing IVF with PGD out of a desire for gender selection. She and her husband have 3 daughters, and would like a son. To that end she has completed 3 cycles of IVF without success thus far, and is therefore incorporating Acupuncture and Chinese Herbal Medicine in to her treatment regimen.

**Impression:**

Secondary Infertility/Advancing Maternal Age/PCOS

**Plan:**

Acupuncture twice weekly with Chinese Herbal Medicine/DHEA/Co-Q 10 in order to help yield a more robust cohort of oocytes with her upcoming IVF/PGD cycle in June.

Thank you, and please do not hesitate to contact me with any questions,

**Ray Rubio, D.A.O.M., L.Ac., (FABORM)**

www.westlakecomplementarymedicine.com

President: American Board of Oriental Reproductive Medicine (ABORM)

Chair: REI Specialty/Yo San University Doctoral Program

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Happy Holidays everyone!

**Ray Rubio, DAOM, L.Ac. (FABORM)**

Executive Director/ABORM

Co-Chair/IFS



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